

## $\hat{A}\Box Driver \hat{A}\Box s \ Ed \hat{A}\Box$ for Elderly $\hat{A}\Box$ South Shore Elder Services Staff Receives Training

South Shore Elder Services of Braintree has recently launched a  $\hat{A} \square$  Seniors and Safe Driving  $\hat{A} \square$  training, designed to identify seniors in the community who would benefit from meeting with a driving counselor or self-testing their driving skills through a CD-Rom program.

Braintree, MA (PRWEB) March 30, 2005 -- South Shore Elder Services of Braintree, providing seniors and caregivers throughout the South Shore with resources and services, has recently trained 25 employees to identify seniors in the community who would benefit from meeting with a driving counselor or self-testing their driving skills through a CD-Rom program.

South Shore Elder ServicesÂ $\Box$  Â $\Box$ Seniors and Safe DrivingÂ $\Box$  training was led by Betsy Maholchic, an OTR-L Driving Program Coordinator from HealthSouth who counsels elders and families, and John Paul of Public Affairs and Traffic Safety at AAA Southern New England. Maholchic addressed the physical and cognitive issues that might impair an elderÂ $\Box$ s driving ability and Paul introduced AAAÂ $\Box$ s Â $\Box$ Road WiseÂ $\Box$  driver review computer CD-Rom program that allows elders to test their driving functions in the privacy of their own home. The Road Wise CD-Rom may be obtained from any AAA office.

Safe driving brochures are available through South Shore Elder Services. To speak with a staff member or request a safe driving brochure, contact South Shore Elder Services directly at (781) 848-3910 or Toll Free 1-800-AGE-INFO (243-4636).

 $\hat{A}\Box$  Our goal is to alert an elderly driver about safe driving. Perhaps an elder $\hat{A}\Box$ s night vision is not very good or they have a cognitive issue that affects their driving. We encourage seniors to contact us for referral or to obtain a safe driving brochure,  $\hat{A}\Box$  explained Ed Flynn, Executive Director of South Shore Elder Services.

## Free Resource Guide Available

South Shore Elder ServicesÂ□ free Resource Guide for Older Adults and Caregivers on the South Shore provides valuable, accurate information compiled to help seniors and caregivers south of Boston, with information on adult day centers, assisted living and caregiver programs to meals, health agencies, protective services, transportation and numerous other programs and services. For a Resource Guide, contact South Shore Elder Services in their Braintree office at (781) 848-3910.

## Â□Your Age Info SpecialistÂ□

Since 1977, South Shore Elder Services, Inc. has been providing South Shore seniors and caregivers with the resources and services that promote and maintain optimal levels of elder independence. South Shore Elder Services is the designated Aging Services Access Point and Area Agency on Aging for Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Scituate and Weymouth. The agency provides information and referral services, in-home help for elders in need, Meals on Wheels, prescription assistance, elder protective services, money management and legal assistance referrals.

Supported in part by the Massachusetts Department of Elder Affairs, South Shore Elder Services is located at 159 Bay State Drive in Braintree, MA. For more information contact (781) 848-3910 or Toll Free 1-800-AGE-



INFO (243-4636) or visit the website at www.sselder.org

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