

NASCAR - How to Enjoy the Race with Your Family

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Daytona Beach, FL ([PRWEB](#)) February 19, 2005 -- Families attending a NASCAR event for the first time have discovered there are some basics that will make that first experience a good one.

“NASCAR has crept into mainstream American pop culture, and so many families need tips and suggestions to insure a happy experience when they take their kids to a NASCAR event. Parents, who became NASCAR fans because their kids started watching on TV, need some basic advice before heading to a track with their kids in tow,” explained Curt Hochwender of www.Turn2Sportswear.com.

The Daytona 500, “The Great American Race,” is set for February 20 and many families will be headed to the track with their kids in tow. Unlike a first-time trip to a ball park, taking a family to a NASCAR race can be a better experience if you follow a few of Hochwender’s basic tips and suggestions.

“One of the first reactions from first-time spectators at a NASCAR race is surprise at the noise level. Race cars are loud – really loud. A whole day at the track can be damaging to ears, and unsettling to your nerves. Everyone in your family will be happier at the end of the day if you use ear protection,” said Hochwender.

He recommends earplugs or even headsets to reduce the noise factor. Earplugs work well, and are much less expensive.

“You will always benefit by using sun block. The amount you use will depend on the location of the race and time of the year, but by all means bring sun block and use it,” Hochwender recommended.

Another protection he recommends is almost obvious, but unless you plan in advance you may run into every parent’s fear – a missing child.

“NASCAR races are big events with thousands of people coming and going. It is very easy for a child who is awestruck by the sights and sounds to be caught up in the hustle and bustle. Your child could be distracted by all this, then when he turns back you have disappeared into the crowd and he is lost. Have a plan to stick together, and teach your kids what to do if they do become lost,” said Hochwender.

His other suggestions are good ones to help you have a fun, memorable experience.

Get to the race early. There is plenty to see and do, so get there two or three hours before the start of the race, and plan in advance for heavy traffic. When the race is over the reverse is true. Take your time leaving and relax. Let the crowds go ahead of you and avoid the stress of traffic jams.

Bring your camera and plenty of film. There are no better souvenirs than your own photos.

Bring a set of good quality binoculars. In fact, you may want more than one. Your kids will use them to see their favorite drivers close up.



Be sure to get a program too, and that will give your kids a great souvenir they can enjoy at home again and again.

NASCAR fans like to look the part, and Hochwender recommends getting your NASCAR jacket and apparel before getting to the track. If you wait and buy apparel at the track you will pay top dollar.

Hochwender's web site, www.Turn2Sportswear.com offers an assortment of official NASCAR jackets and apparel for adults and kids.

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