



## **Speeding? You Won't Anymore With These Internet Driving School's Defensive Driving Freeway Driving Tips.**

*Proper Defensive Driving on the freeway will save thousands of lives, reduce stress, injuries and traffic tickets, as well as increase the proper flow of traffic.*

([PRWEB](#)) October 21, 2004 -- Anyone who drives for any period of time, especially in places like Florida, California or Texas has experienced freeway driving. To be technical, a freeway is a high-speed, multi-lane, divided highway with restricted access. Every state in America has such a roadway.

"In addition to the freeway system, we also have expressways and other similar driving conditions," says Samuel Hoskins, Internet Driving School's Supervisor of Driver Safety Services. "With the level of traffic on our nation's freeways, it's important for drivers to possess the proper skills for safe freeway driving."

Here are some rules and tips for the 3 stages of freeway driving, entering, driving and exiting.

When Entering a freeway:

The key to entering a freeway is to increase your speed in the acceleration lane until it matches the speed of the vehicles already on the freeway.

You also need to plan your merge. While on the entrance ramp, look at the freeway traffic and determine the spot where you want to merge. Build up your speed on the entrance ramp, while continuing to check the spot where you want to merge. Then signal, make your final shoulder check and accelerate into the freeway lane.

"Merging at less than freeway speeds can be dangerous," warns Hoskins. "If a driver coming behind in the lane you just merged into is going freeway speed and you aren't, it could lead to a serious rear-end collision."

While Driving on the freeway:

Once you have successfully merged onto the freeway, it's important to provide a safe merge for other vehicles entering from access ramps. You can do this by either moving left to free the right lane or by adjusting your speed.

You should drive in the right lane, or perhaps the centre lane if there are three lanes. The left lane is for passing or may be used by faster vehicles when the traffic is dense.

While on the freeway, maintain a three-second following distance and keep at least two "gates" open at all times. Gates are the spaces around your car — in front, behind and on either side. Keep in mind that in poor weather conditions, you may need to increase your following distance.

When Leaving a freeway:

When leaving the freeway, signal your intention and move into the deceleration lane. Slow down in the deceleration lane, not on the highway. Some deceleration lanes are shorter than others, so watch your speed. When exiting a freeway, you are likely to underestimate your speed when you slow down.

If you miss an exit, keep going. "Never stop on the freeway, and never back up on the freeway," warns Hoskins. "Keep driving to the next interchange and then go back to the correct exit."



For Sudden emergencies on the freeway, do these things.

If your vehicle starts to give you trouble, check your mirrors, signal, shoulder check and pull over to the nearest shoulder as quickly and as safely as possible. Put on your emergency flashers and stop as far right on the shoulder as possible.

"You should never stop your vehicle in one of the driving lanes on the freeway," says Hoskins. "Don't wait for your car to stall. At the first sign of trouble, pull over safely. If traffic is heavy, you may want to exit your vehicle from the door away from the traffic. Turn on your four-way flashers or raise your hood to alert other motorists you need assistance."

If possible, you should stay with your car. If you must cross the freeway on foot, use extreme caution.

Hoskins also notes that in some cities you may encounter roadways that have both the characteristics of a freeway and of a normal street, so you should be alert for unexpected traffic patterns.

Finally, Some Other Good Driving Tips:

- Don't let stress and frustration get the best of you while driving.
- Be patient and courteous.
- Do not drive when angry, overtired, or upset.
- Allow extra time to get to your destination.
- When possible, change your schedule to avoid congestion.
- Listen to relaxing music or books on tape.
- Give other drivers the benefit of the doubt - all drivers make mistakes.
- Avoid all conflict, even if you are right.

For more driving tips and other helpful driving information, please visit one of our over 100 driving-related websites, like [www.internettrafficschool.com](http://www.internettrafficschool.com), [www.thewebtrafficschool.com](http://www.thewebtrafficschool.com), [www.drivingschoolonline.com](http://www.drivingschoolonline.com), [www.nettrafficschool.com](http://www.nettrafficschool.com).

The bottom line in safe driving is to drive slow, be aware, check your car before you drive and wear your seat belts.

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**Contact Information**

**Karen Hamilton**

INTERNET TRAFFIC SCHOOL

<http://www.internettrafficschool.com>

4082688214

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