

Joey McCarthy Puts TRIMSPA® Chevrolet® in Top 10 in its First Race

Randolph, New Jersey's Joey McCarthy ran his first race in TRIMSPA colors at the New Hampshire International Speedway® and carried those colors to their first top-ten finish. Starting sixth in his # 64 car, McCarthy bounced back from a pair of suspension adjustments and an extra pit stop to post a ninth place finish in Monday's 125-lap NASCAR® Grand National Division, Busch® North Series event.

Cedar Knolls, NJ (<u>PRWEB</u>) September 24, 2004 -- Randolph, New Jersey's Joey McCarthy ran his first race in TRIMSPA colors at the New Hampshire International Speedway® and carried those colors to their first topten finish. Starting sixth in his # 64 car, McCarthy bounced back from a pair of suspension adjustments and an extra pit stop to post a ninth place finish in Monday's 125-lap NASCAR® Grand National Division, Busch® North Series event.

McCarthy, who qualified fifth and finished eleventh at the "Magic Mile" in July, could only muster the sixth-best qualifying run on Thursday, turning a lap at an average speed of 123.450 MPH during time trials.

"We struggled in practice really bad," said McCarthy. $\hat{A} \square$ We didn't get as much practice time as we wanted, but we went out to qualify and I just gave it all I had. We were able to pick up to sixth place in the TRIMSPA Chevy. I'm just glad I could get a top-ten starting position because track position is very important here, and being up front definitely helps. I'm proud to be able to represent TRIMSPA and I'm really excited about the opportunity."

The opportunity to race on Saturday was washed away with the remnants of Hurricane Ivan, and the race was postponed to Monday morning. Another casualty of the weather was the final practice session, where the STI Motorsports team had some setup changes they would have liked to have tried there.

The race started under sunny skies Monday morning and McCarthy spent the opening laps of the race trying to decide what to change during a mandatory pit stop under yellow on lap 35. "We were really tight before the break, and we came in and made an adjustment that we wanted to try in the final practice session. That change made the car not drivable, so we had to come back in and undo that change," McCarthy said.

That second pit stop came under a lap 45 caution, and put him deep in the field for the following restart. The car was better, though it took him until the final six-lap run of the race before he was back in the top ten.

McCarthy finished ninth in New Hampshire, his eighth top-ten finish of the season. McCarthy maintains a season points standing of eighth with two races left in the season.

"After we took that adjustment out of the car, it was awesome," he said after the race. "Obviously we wanted to come here and run closer to the front and win the race. I know we had a top-three car, but that adjustment really killed us. Without our final practice, we had to try and make the car better in the race. It was a gut instinct to try it, and it just made it really bad. We brought TRIMSPA a top ten today, and Dover's a good track for us next week. We're looking forward to going there with a shot at winning that race, and then we'll go run the TRIMSPA 150 at Wall Township Speedway on October 2nd. I'm excited about running the rest of the season with TRIMSPA and hope we can continue on into the future."



McCarthy also extended thanks to Dennis Fischer for building him a strong engine, and to Jason Weissman who built the shock absorbers that he raced on. The next Busch North race will be at Dover International Speedway, with practice and qualifying held on Thursday, September 23rd and the race on the following day.

TRIMSPA®, a Cedar Knolls, New Jersey company is the maker of TRIMSPA® X32, the leader in weightloss supplements. TRIMSPA is a key sponsor in the NASCAR®, racing circuit through Braun Racing, supported various events and has worked with numerous charitable organizations including the Millennium Women's Foundation, Susan G. Komen Breast Cancer Foundation®, American Cancer Society®, and Make-A-Wish Foundation®. TRIMSPA®, has helped celebrities like Anna Nicole Smith and heavyweight boxer Shannon Briggs lose weight. For more information about TRIMSPA and its products visit http://www.trimspa.com or call 1-800-TRIMSPA.

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