

Woman with disabilities fights for the rights of service dog teams with an award-winning program called, "Canine and Abled(TM)".

Kimberly Carnevale thought her life was over after a car accident left her with multiple, permanent injuries. She wanted to give up; she tried, but something wouldn't let her. That something was her first service dog, Dewey. Throughout Kimberly's ordeal, this amazing canine remained steadfast by her side and taught her that her life wasn't over; in fact, it was just beginning.

([PRWEB](#)) September 8, 2004 -- July 2, 1998 changed Kimberly Carnevale's life forever. Once a professional athlete vying for a spot on the United States Equestrian Team, Kimberly faced the biggest hurdle of her life when a car accident shattered her dream and left her to pick up the pieces and start all over.

Kimberly suffered a brain injury, and as a result, had to relearn what most of us take for granted; such as reading, writing, walking and talking. It was a grueling rehabilitation and Kimberly credits her recovery to her service dogs, Dewey (now retired), and Dawson (current).

"They gave me the ability to see a new future," Carnevale states. "One I hadn't chosen, but certainly one that held hope and the possibility for a new dream to take wing." That new dream took wing in the form of "Canine and Abled(TM)," an educational program designed to help promote awareness and acceptance of service dog teams. "This program was originally started to solely educate," says Kimberly. "What I soon found out was that people really got a lot out of hearing my story. They said it was very inspirational and gave them the courage to pursue their own dreams. That was such a gift to me; it gave my tragedy reason, and it gave my new life purpose."

Today, Kimberly travels the country relating her incredible story in the form of a motivational speaking seminar that has gained accolades from audiences everywhere. She is also the proud, single Mom of a precious baby daughter named Sarah. "Sarah is the absolute cherry on the cake of my life!" Carnevale proudly proclaims with a tear in her eye. "She is the baby I'd always ached for, but was told I could never have due to complications from the accident. She and I have been on our own from the start, and though I face many challenges being a single, disabled parent; I wouldn't trade it for the world. Sarah is my greatest achievement. I love looking at life through her eyes and it makes me a better person to be able to hold the honor of being her Mommy."

Kimberly faced even more difficulties this past January, when she took on the job of being the primary care giver to her own mother who suffered a series of strokes. "My own health has taken a nose-dive since I've taken on the additional responsibility, but Mom was always there for me throughout my ordeal, and now it's my time to give back. God wouldn't give me more than I can handle, and I know that this rough spot is just a moment in time." Kimberly is notorious for "getting through rough spots". She faced one of her biggest recovery challenges this year by penning her compelling story in her recently released book, "Canine and Abled(TM)--Taking The Dis Out Of Disabled". This work is truly a miracle, not in so much that it will be remembered as a literary masterpiece, but because Kimberly had to relearn to read and write in order to create it. She credits her service dogs' unending love and support for her incredible recovery.

Another thing that Kimberly credits her recovery to is chiropractic care...care given by two very special dr.'s, Andrew DeSaro and Kristi DeSaro of DeSaro Chiropractic Center in Richboro, PA. "I had someone from my



audience come up to me one day after he'd seen me speak, and he wanted to know how my health was since the accident. I explained to him that although I regained movement and feeling in my arms and legs, I still experienced a lot of pain and significant immune system dysfunction. He told me about Dr.s' Kristi and Andrew and I agreed to go see them. I didn't know how they were going to be able to help me with chronic bronchitis, but I was willing to give anything a shot. After just one treatment, I was able to take in a full breath of air; it was amazing! The dr.s explained to me that chiropractic helps the body heal itself. I wasn't sure what to expect, but the results have been absolutely astounding! I haven't had to take antibiotics in months (a miracle for me!)and though I still have some pain, it is much more manageable. I recommend chiropractic care to everyone now! I tell people who scoff at my suggestion that even if you aren't experiencing noticeable symptoms, adjustments will help keep your body working at an optimum level; we all want to feel better, right?"

Kimberly has been able to turn her own personal tragedy into triumph by using all available resources, but she stresses that we all have the ability to become champions in our own lives.

"When faced with seemingly insurmountable challenges," Kimberly states "We all have two choices...we can let them beat us down or we can use them to make us stronger....I choose to be strong! Throughout this journey I've learned that blessings come to us when we least expect them. Challenges come just when we think we can't take anymore, and miracles happen when we have faith in everything we do."

To learn more about Kimberly Carnevale, her award-winning program and service dogs, log onto her site: www.canineandabled.com, or contact her by phone at: 609-213-7790. Email: canineandabled@aol.com
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